

**The United Arc, Inc.**



**The Arc.**

*For people with intellectual  
and developmental disabilities*

# Caregivers' Resource Group

*361 Main Street, Athol, MA*

**Every 3rd Thursday  
Morning**

**10:00 am-12:00 pm**

**&**

**Every 3rd Thursday  
Evening**

**6:00 pm-7:30 pm**

Come socialize with other caregivers and help support each other through all of the ins and outs of being a caregiver or parent to a person with intellectual or developmental disabilities. Join us to discuss ideas and gain valuable resources. We added a daytime meeting to accommodate those who may want an additional meeting time or who cannot make it during the evening. You may join us for one or both monthly sessions!

*Refreshments will be provided.*

**No RSVP is required, but it is helpful for planning purposes.  
RSVP's can be made to Karon Parker at (978)249-4052 ext.1047**

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